

BITE-SIZED SEED SAVING LESSON PLAN

TOPIC: SEED STEWARDSHIP

Sub Topics: Stewardship, Indigenous Seed Keepers Network, Seed Libraries, Diversity

- Ages recommended:**
Grades 1-8.
- Objective:** To learn about seed stewardship and Indigenous perspectives
- Pre lesson preparation:** N/A
- Key Words**
 - Stewardship:** the responsible management of something entrusted to one's care
 - Variety:** a specific type of a species
 - Preserving:** ensuring there is some remaining (of a seed or species)

Lesson Content:

- Slide presentation:** See speaker notes for suggested prompts and questions.
- Media:** Two short videos - First by the Indigenous Seed Keepers Network, <https://nativefoodalliance.org/our-programs-2/indigenous-seedkeepers-network/> the second with a BC example of a seed story by Jacob Beaton from Tea Creek (link on website)
- Activity options:**
 - Research an Indigenous creation story that has to do with seeds
 - Interview a family member (parent, aunt, grandparent) about seeds of a specific vegetable they have grown and see if you can find the variety available in seed catalogues (attached interview questions)
 - Have students think of a food or meal and plot where the seeds have moved through time on a map (older students)