



HOW TO MITIGATE CLIMATE CHANGE THROUGH URBAN COMPOSTING

Do your part! Whether you have a balcony, garden, windowsill, or a small indoor space, there are opportunities for you to compost.

- Divert food waste. Help keep tons of food scraps out and extend the life of our landfills.
- Reduce methane emissions. The compaction of food waste and plastics in landfills generates the toxic gas, methane.
- Bind toxins. Healthy compost as part of home gardens and green spaces can help rid of urban toxins.
- Fight against pests and disease. Compost adds organic matter and raises soil PH. Healthy soil is better equipped to fight against unwanted guests.
- Absorb and store carbon. Improve plants' ability to harvest and store carbon in soil by incorporating compost into your soil.

"Making compost is really an important climate-wise act that I think is not often talked about." - Compost and Education Centre's Site Manager and Community Education Coordinator, Kayla Siefried

Helpful Links

Composting Factsheets: <https://compost.bc.ca/education/factsheets/>

Composting Bins 101: <https://www.cityfarmer.eco/composting>

Food Recycling for Condos & Apartments: <http://www.metrovancouver.org/services/solid-waste/SolidWastePublications/HowToApartmentsCondos.pdf>

Your Garden as a Carbon Sink: <https://www.farmfolkcityfolk.ca/2020/10/your-garden-as-a-carbon-sink/>