



TIPS ON HOW TO TURN YOUR GARDEN INTO IN A CARBON SINK

Home and community gardeners may not realize the powerful opportunity they have to make a positive, meaningful impact.

- Disturb the soil as little as possible. Till or plow only if you must break new ground. In established beds, gently remove weeds without tilling.
- Never allow soil to remain bare. During the growing season, cover soil with an organic mulch such as straw, bark mulch, or pine straw.
- During the off-season, plant a cover crop to nurture the soil ecosystem, deter weeds, prevent soil compaction from heavy rains, and add nutrients.
- Include some perennial plants in your annual flower and vegetable beds. These plants' roots - and the carbon they contain - remain intact year-round.
- Add compost - homemade or purchased to soil every year. Soil microbes consume organic matter, such as compost, and need to have a continual supply.

Our gardens have the incredible ability to act as carbon sinks. Home gardeners can apply many of the same principles as large farms on a much smaller scale.

Helpful Links

BC Seed Suppliers - <https://www.farmfolkcityfolk.ca/knowledge-pantry/seed-resources/seed-suppliers/>

Get Growing: Winter Vegetable Gardening - <https://www.farmfolkcityfolk.ca/2020/08/get-growing-winter-vegetable-gardening/>

Winterizing your Garden Blog Post - <https://www.farmfolkcityfolk.ca/2020/10/winterizing-your-garden/>